



## Alton Hockey Club – Back to Hockey Session Risk Assessment

<b>Location</b>	Eggar's School
<b>Session</b> (Junior training/men's 1st XI game)	Adults Back to Hockey
<b>Date &amp; time</b>	Monday evening 7-8:30pm starting 7 <sup>th</sup> June for 6 weeks
<b>Number of participants</b>	Up to 40
<b>Coaches</b>	Pete Tynan and Brad Bothwell
<b>Helpers</b>	Pete Wallace, Vicky Small
<b>First Aiders</b>	Vicky Small, Brad Bothwell, Pete Tynan

Checklist	Yes/No
Every participant has filled out a membership form including medical information.	No
Players who use medicines/inhalers have brought them and we know where they are.	Yes
Is the playing surface safe? (free from frost, debris, standing water, rips or bumps)	Yes
Is there sufficient visibility to play safely? (lights on if appropriate, not foggy)	Yes
Are all players wearing shin pads and gum shields	No (over 18)
Are all participants dressed appropriately for the weather?	Yes
Is there a ratio of 1:12 coaches and helpers:players? (Junior training only)	Yes
Is there a first aid kit present?	Yes
Is there a mobile or landline telephone available?	Yes

**For any 'No's in the table above, what action has been taken?** (Continue overleaf if necessary)

Participants asked about any medical conditions/medication that coaches should be aware of before session starts. Participants advised that shin pads and gumshields should be worn but those over 18 are responsible for their own safety.

**Are there any known medical conditions to be aware of?**

**If there are exceptional risks from the weather e.g. Hypothermia/heatstroke/sunburn, what action has been taken?**

Extra water breaks in session. Water fountain available at the school

**Signature of lead coach (juniors) or team captain (seniors): Vicky Small 7/6/2021**