

ALTON HOCKEY CLUB

CHANGING POLICY

- Players aged 10 and under must be supervised at all times in changing rooms by 2 members of the club, who have enhanced CRB status and are of the same gender as the players.
- Adults working with young teams, including volunteers, coaches, umpires or staff should not shower at the same time when using the same facility as young players.
- Mixed gender teams must have access to separate male and female changing rooms.
- If young players play for adult teams, they and their parents must be informed of the club policy in changing arrangements;
 - Young players (below the age of consent, 16 years) who play for adult teams must change and shower separately from those players older than 16 years of age in their team.
 - They must not change or shower with the opposition.
 - Ideally, if separate changing rooms and showers are not available then either the young players change and shower first or after the rest of the adult team.
 - If adults and young people need to share a changing facility, the club must have written consent from the parents/ guardians that their child/children can share a changing room with adults from the club.
 - If young people need to share changing facilities with adults, their parents should be allowed to supervise them whilst they are changing.
- Young people can be uncomfortable changing or showering in public so no pressure should be put onto them to do so, encourage them to shower when they get home.

Joanne Ryan
Safeguarding and Junior Development Officer
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